

20 Ideas For City Focused Prayer



1

Drive through your area and pray for what you see. Stop at special spots like schools, seniors residences, recreation/sports centres, parks, high-density housing areas, historic sites, dangerous intersections (use basic precautions!)



2

Get your children involved by creating a special prayer box together at the start of the week, where you decorate the box together and everyone puts in a couple of prayers, each on a separate card (also decorated). Then invite the kids to get the box out each suppertime and pull out a prayer to pray together.



3

Instead of your regular church prayer meeting, delay your start by 45-60 minutes, while everyone goes out to a prayer walk (or prayer drive) on their street or neighbourhood. Those who prefer can stay home but imagine the route and pray accordingly. Then meet online to debrief your impressions and opportunities.



4

Ask God for an opportunity to pray for one of your neighbours this week, and then, expect to pray for them!



5

Put up a map in your prayer space. Mark the places you pray for, scriptures for those places, and answers to prayer.



6

Pray for your City Councillor and their family by name. See <http://ottawa.ca/en/city-hall/mayor-and-city-councillors>



7

Ask a local small-business owner how you can pray for them, or the manager of your preferred grocery store.



8

Do you love to doodle, paint, write or dance? God made these expressions and hears the prayers within them! Ask God how he would like you to pray for the city using this language.



9

Take a picture of what you are praying for and share it using #CityOnOurKnees in your social media feed.



10

Pray for other churches in your area of the city. Pray for their ministries into the community or other strengths that they carry.



11

Go with a couple of pray-ers to a park, shopping mall, or other public space. Pray quietly, with your eyes open, for the people there. Take your time and be open for whatever opportunities God brings across your path.



12

If you have a Christian co-worker, ask them if they want to meet to pray for your workplace over a lunch-hour or before work starts.



13

If you have a Christian fellowship at your workplace or school, let them know about City on our Knees and offer to help plan a special prayer meeting that week.



14

Combine your regular prayer meeting with another church's meeting, praying together for each other and for the city. Let it be an occasion for mutual encouragement.



15

Offer to pray for your children's teacher and/or principal. If you are a pastor, consider calling the schools in your area to ask how you can pray for them.



16

Ask your teen-aged kids how they think adults should be praying for the local community. Listen to their insights.



17

Ask a senior how they think we should be praying for the local community. Listen to their insights.



18

Collaborate with your worship team(s) to set up a "Ministry to Jesus" meeting, where the focus is not on asking but on giving Jesus worship and praise (as per the woman with the alabaster jar in Mark 14:3-9)



19

Host a neighbourhood-based "Prayer Popup" online gathering, inviting other believers in your neighbourhood who don't necessarily go to the same church. Consider creating a Facebook group for ongoing prayer requests.



20

Pick one local news story every day during the week to lift up in prayer.

For help with any of these ideas and more, please contact us. We are here to help!

prayottawa